

Shining Mountains Living Community Services
Metis Assessment Tool – page 2

Participant Name: _____ Date: _____

Staff: _____

Personal top 3 priorities:	Desired Outcome	Timeframe
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____

Referrals to programs/other services: (organization, program/service(s) and contact name

1. _____
2. _____
3. _____
4. _____
5. _____

Date of Review: _____

Signatures:

Participant: _____

Support Staff: _____

Directions for using the Metis Assessment Tool

The cart in the middle represents the person (client). The icons around the person represent the various areas of life. The support worker/counsellor helps the person move around the icons (it doesn't matter where they start). The person indicates what kind of relationship/connection they have with each area and, using the legend of line strength (in the left hand lower corner) choose one for each icon to identify the strength of the relationship (they can also choose not to draw a line if they are not and do not wish to be connected to something(e.g. culture). The drawing of the lines creates a visual map of what areas (programs, people, etc.) may support or hinder the person on their journey.

They then choose the top 2 or 3 priorities they wish to work on. Based on their choices, the support worker or counsellor can recommend programs, organizations etc. to support them moving forward in a good way on their journey.